

Aloha United Way 211

Aloha United Way 211 is Hawaii's only comprehensive, statewide community information and referral service that's free and confidential.

Connect with an Information and Referral Specialist by phone, text, chat, or email, **Monday – Friday from 7:00 a.m. – 5:00 p.m.**, or search their database online 24/7.

Call 2-1-1 or 1-877-275-6569

2-1-1 specialists can search through over 4,000 government and nonprofit services and programs to find the information and resources you need. Requests include finding food, shelter, clothing, financial assistance, child care, parenting support, elderly care, disability services and more! You may also do a direct search of the service categories in their online database.

Several Food Resources:

KEIKI TO KUPUNA FOUNDATION MEALS ON WHEELS PROGRAM

Call: (808) 379-0982 or (808) 677-0067

Keiki To Kupuna Foundation (KTKF) delivers frozen meals to the homebound and isolated seniors. Each senior receives 5 or 7 meals a week. Program also provides private pay meals for anybody who needs frozen meals - accepts donations of \$40 for 5 individual frozen meals gets delivered to the customers' home.

LANAKILA PACIFIC - LANAKILA MEALS ON WHEELS (808) 356-8519

Lanakila Meals on Wheels is Hawaii's largest and only island wide home delivered meal provider. They provide a once a week delivery of frozen meals right to your front door. This way you get to enjoy the meals whenever you choose after just 2-3 minutes in the microwave.

INTAKE PROCEDURE: By phone. Home delivered meals are \$8.50 per meal. If you are unable to afford the cost of your meals, please call for other options.

HELP IS ON THE WAY - A HAWAII NONPROFIT CORPORATION

Honolulu, HI 96822

Phone: (406) 426-1013

Program launched to help people stay at home during the COVID-19 pandemic. Helps with pick up and deliver purchased meal, groceries, medicine, medical procedures, other supplies/items, etc. Free for kupuna, healthcare workers, families, quarantined and high risk individuals.

ADDITIONAL INFO: Client makes arrangements for pickup of a purchased meal, groceries, medicine, medical procedures, other supplies/items, etc. Client provides the program with pick up/delivery instructions. Dispatchers assign the task to one of the delivery volunteers. Delivery volunteer coordinates with the client and makes the delivery. Volunteer drivers are vetted and trained in safe delivery procedures.

Other services you may need:

- Medical Information Services for COVID-19
- Rent Payment Assistance for COVID-19
- Unemployment Insurance for COVID-19
- Utility Service Payment Assistance for COVID-19
- Information Sources for COVID-19

Remember, if you get notified with good news or bad, check with your local officials before proceeding with giving out any personal information. You need to check out the source of the information before taking any kind of action.

The COVID-19 virus is not going to go away any time soon. It may take many more months before we see the light at the end of the tunnel.

Don't let your guard down, no matter if you see and hear people saying it is too stringent and our economy is going down the tubes.

Better be safe than sorry and wait for those who know what they're talking about.

AND, please wear a mask if and when you go out in public.