



# Hawaii Foodbank, Inc.

## Food Assistance Handout

Updated 9/9/2020 @ 6:30 pm

During this time this list is constantly changing and is updated on our website @ [www.hawaiifoodbank.org/emergency-assistance](http://www.hawaiifoodbank.org/emergency-assistance)

### Our Mission Statement

The people of Hawaii are one ohana. The Hawaii Foodbank provides food so that no one in our family goes hungry. We work to gather food and support from our communities. We then distribute food through charitable agencies to those in need. Our mission is from the heart, and we will fulfill our mission with integrity, humanity and aloha.

The Hawaii Foodbank stores mass quantities of food in our warehouses so that it can be distributed through our 501(c)(3) non-profit partner agencies. Please see below a list of organizations that are able to help you through this difficult time (**please note that days and times may change without notice.**) If you need general help, please call 211 and they can direct to other services.

**Please remember to bring your own bags if possible. Carts are especially helpful when you attend the Ohana Produce Plus Program Distributions.**

### THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

#### Food Pantry

Location Name	Location	Area	Days of Operation	Hours of Operation
New Hope Kapolei Ministry Center	94-199 Leonui St. Waipahu, HI 96797	Central Oahu	3rd Saturday	8:00am - 10:00am
Aiea 7th Day Adventist Church	99-005 Moanalua Rd. Aiea, HI 96701	Central Oahu	Saturdays or by appointment 808-488-9855	8:00am - 9:00am
St Timothy's Episcopal Church	98-939 Moanalua Rd. Aiea, HI 96701	Central Oahu	2nd & 4th Tuesday	5:00pm - 6:30pm
Our Lady Of Good Counsel Parish	1525 Waimano Home Rd. Pearl City, HI 96782	Central Oahu	Wednesdays	8:30am - 11:30am
Abundant Life United Pentecostal Church	650 Kilani Ave. Wahiawa, HI 96786	Central Oahu	First Saturday of Month	9am-12 pm
Armed Services YMCA (Wheeler)	1262 Santos Dumont, Bldg. 122 Wahiawa, 96786	Central Oahu	Monday - Friday	7:30am - 3:30pm

Location Name	Location	Area	Days of Operation	Hours of Operation
First Assembly of God Wahiawa	300 Wilikina Dr. Wahiawa, HI 96786	Central Oahu	Sundays	8:00am - 12:00pm (During Sunday Service)
New Life Body of Christ Christian Church	74 S. Kamehameha Hwy. Wahiawa, HI 96786	Central Oahu	Tuesdays & Thursdays	9:00am - 12:00pm
Our Lady of Sorrows	1403 California Ave. Wahiawa, HI 96786	Central Oahu	Last Saturday	9:00am - 11:00am
Surfing the Nation	64 Ohai St. Wahiawa, HI 96786	Central Oahu	Wednesdays & Saturdays	1:00pm - 3:00pm
St. John Apostle & Evangelist Church	95-370 Kuahelani Ave. Mililani, HI 96789	Central Oahu	Last Tuesday	9:00am to 12:00pm
Pacific Islands Bible Church	95-075 Waikalani Dr. Mililani, HI 96789	Central Oahu	Third Saturday	9:00am - 11:00am
Waipahu Seventh-Day Adventist	94-902 Awanei St. Waipahu, HI 96797	Central Oahu	3rd Sunday	2:30pm - 4:00pm
First Assembly of God - Red-Hill	3400 Moanalua Rd. Honolulu, HI 96819	Central Oahu	1st Saturday	7:00am - 9:00am
Armed Services YMCA	1260 Pierce St., Ste. 145 Pearl Harbor, HI 96860	Central Oahu	Monday - Friday	7:30am - 3:30pm
Waikiki Community Center	310 Paoakalani Ave. Honolulu, HI 96816	East Honolulu	Tuesdays	1:00pm - 3:00 pm
Angel Network Charities	5339 Kalaniana'ole Hwy. Honolulu, HI 96821	East Honolulu	Thursdays & Fridays	10:00am - 12:00pm
C4 (Christ Centered Community Church) @ Kahala Mall Parking Lot	4211 Wai'ale'ale Ave. Ste 1030 Honolulu, HI 96816	East Honolulu	Saturday	8:00am-9:30am (will be there on July 4th) **While Supplies Last**
Honolulu Fil-am S.D.A Church	2232 Kane'ali'i Ave. Honolulu, HI 96813	Honolulu	3rd Sunday	1:00pm -3:00pm
First United Methodist Church	1020 S. Beretania Street Honolulu, HI 96814	Honolulu	Monday & Thursday	2:00pm - 4:00pm
River of Life Mission	101 N. Pauahi St. Honolulu, HI 96817	Honolulu	2nd & 4th Friday	10:30am - 3pm
Palama Settlement	810 N. Vineyard Blvd. Honolulu, HI 96817	Honolulu	Call 808-848-2528 to set appointment the day before.	9:00am - 11:00am

Location Name	Location	Area	Days of Operation	Hours of Operation
Salvation Army- Family Services Office	296 N Vineyard Blvd. Honolulu, HI 96817	Honolulu	Mondays, Wednesdays, and Fridays	12:30pm - 2:30pm
St Elizabeth's Episcopal Church	720 North King St. Honolulu, HI 96817	Honolulu	Monday - Saturday	Mon-Thur: 8:00am - 12:00pm; 2:00pm - 4:00pm Fri & Sat: 8:00am - 12:00pm
Su Gran Alabanza	701 N King St. Honolulu, HI 96817	Honolulu	Wednesdays	10:30am - 12:00pm
Fountains of The Living Water	2412 Rose St., #100 Honolulu, HI 96819	Honolulu	3rd Saturday	2:00pm - 4:00pm
The Pantry by Feeding Hawaii Together	2522 Rose St. Honolulu, HI 96819	Honolulu	By appointment only. Register and shop online at thepantry.org	Pre-order at thepantry.org and receive a confirmation email with pick up date/times.
Kalihi Union Church	2214 North King St. Honolulu, HI 96819	Honolulu	<b>CLOSED UNTIL NOVEMBER 5, 2020</b> Thursdays	9:00am - 11:00am
Parents And Children Together- KPT Family Center	1485 Linapuni St. Suite 103 Honolulu, HI 96819	Honolulu	Monday, Wednesday, Friday	9:00am - 3:00pm
Abundant Grace Church	702 Puuhale Rd. Honolulu, HI 96819	Honolulu	Wednesdays	10:00am - 12:00pm
Central Samoan Assembly of God	3544 Kalihi St. Honolulu, HI 96819	Honolulu	4th Saturday	1:30pm - 3:00pm
Full Gospel Temple	2464 N School St. Honolulu, HI 96819	Honolulu	Sundays	11:45am - 12:15pm
St. Pius X Parish	2821 Lowrey Ave. Honolulu, HI 96822	Honolulu	Tuesdays, Wednesdays & Fridays	10:00am - 11:30am
Susannah Wesley Community Center	1117 Kaili St. Honolulu, HI 96819	Honolulu	Tuesdays & Thursdays	12:00pm - 2:00pm
Parish Of St Clement's	1515 Wilder Ave. Honolulu, HI 96822	Honolulu	3rd Saturday	11:30am - 12:30pm
Hawaiian Humane Society (FOR PET FOOD)	2700 Waialae Ave. Honolulu, HI 96826	Honolulu	7 days a week	Monday - Friday: 11:00am - 7:00pm Saturday - Sunday: 10:00am - 4:00pm Holiday hours vary

Location Name	Location	Area	Days of Operation	Hours of Operation
Tenrikyo Taiheiyo Church	844 Wiliwili St. Honolulu, HI 96826	Honolulu	Last Saturday	7:30am - 8:30am
Child & Family Services	91-1841 Ft. Weaver Rd. Ewa Beach, HI 96706	Leeward Coast	Wednesdays	2:00pm - 4:00pm
Ewa Beach Baptist Church	91-743 Pohakupuna Rd. Ewa Beach, HI 96706	Leeward Coast	Last Saturday	10:00am - 11:00am
Immaculate Conception Church	91-1298 Renton Rd. Ewa Beach, HI 96706	Leeward Coast	1st & 3rd Friday	5:00pm - 6:00pm
Our Lady of Perpetual Help	91-1004 North Rd. Ewa Beach, HI 96706	Leeward Coast	Last Friday	9:00am - 11:00am
St. Jude Food Pantry	92-455 Makakilo Dr. Kapolei, HI 96707	Leeward Coast	Tuesdays and Thursdays	3:30pm - 4:30pm
Paradise Chapel	87-125 Maipalaoa Rd. Waianae, HI 96792	Leeward Coast	3rd Wednesday	7:00am - 9:00am
Waianae Baptist Church	85-131 Ala Hema St. Waianae, HI 96792	Leeward Coast	Wednesdays	9:00am - 12:00pm
Ka Hana O Ke Akua UCC	86-311 Lualualei Hmstd. Rd. Waianae, HI 96792	Leeward Coast	On call 7 days a week by appt. 696-5652	6:00am - 10:00pm
Nanaikapono Protestant Church	89-235 Pua Ave. Waianae, HI 96792	Leeward Coast	Mondays	8:00am - 10:00am
Jesus Is Alive Fellowship	66-405 Waialua Beach Rd. Haleiwa, HI 96712	North Shore	Sundays	2:30pm - 3:30pm
Private Sector Hawaii	59-495 Alapio Rd. Haleiwa HI 96712	North Shore	Call for Monday Delivery (808) 638-9627	1:00pm - 5:00pm (Delivery Time)
St. Michael Parish Outreach	67-340 Haona St. Waialua, HI 96791	North Shore	Mondays	8:30am - 10:30am
North Shore Foodbank (Once A Month Church) @ Kaiaka Beach Park	66-449 Haleiwa Rd. Haleiwa, HI 96712	North Shore	September 16 & 23	12:00pm
St. Anthony's Church	114 Makawao St. Kailua, HI 96734	Windward Coast	Tuesdays & Thursdays	9:00am - 12:00pm
Armed Services YMCA (MCBH)	455 Bingham Way Kailua, HI 96734	Windward Coast	Monday - Friday	7:30am - 3:30pm
Central Union Windward	38 Kaneohe Bay Dr. Kailua, HI 96734	Windward Coast	Wednesday (Closed in August)	10:00am-11:30am (Closed in August)

Location Name	Location	Area	Days of Operation	Hours of Operation
KEY Project	47-200 Waihee Rd. Kaneohe, HI 96744	Windward Coast	Monday - Friday	9:00am - 3:00pm
Our Lady of Mount Carmel Church	48-422 Kamehameha Hwy. Kaneohe, HI 96744	Windward Coast	4th Tuesday	12:00pm - 1:00pm
Saint Mark Lutheran Church	45-725 Kamehameha Hwy. Kaneohe, HI 96744	Windward Coast	Saturday	8:00am - 10:00am
St. Ann Project Share	46-129 Haiku Rd. Kaneohe, HI 96744	Windward Coast	Monday, Wednesday & Friday	1:00pm
The Salvation Army - Kaneohe	45-175 Waikalua Rd. Kaneohe, HI 96744	Windward Coast	Tuesdays	9:00am - 12:00pm
Windward Baptist Church	47-528 A Kamehameha Hwy. Kaneohe, HI 96744	Windward Coast	Monday - Friday	12:00pm - 1:00pm
South Shore Christian Fellowship	41-539 Makakalo St. Waimanalo, HI 96795	Windward Coast	Sundays	9:00am - 12:00pm
St. Matthew's Kokua Food Basket	41-054 Ehukai St. Waimanalo, HI 96795	Windward Coast	Every Wednesday	5:00pm
Wahiawa 7th Day Adventist Church	41-592 Poalima St. Waimanalo, HI 96795	Windward Coast	Last Sunday	9:00am - 11:00am

#### Prepared Meals - Soup Kitchens

Location Name	Location	Area	Days of Operation	Hours of Operation
St Timothy's Episcopal Church	98-939 Moanalua Rd. Aiea, HI 96701	Central Oahu	2nd & 4th Tuesday	4:30pm - 6:00pm
First Assembly of God Red Hill	3400 Moanalua Rd Honolulu, HI 96819	Honolulu	Every Sunday after each service First service at 8:00 am Second service at 10:15 am	After first service 10:00am - 10:30am After second service 12:00pm - 12:30pm
Institute for Human Services	350 Sumner St. Honolulu, HI 96817	Honolulu	Daily	Breakfast: 7am – 9am Lunch: 11am – 1pm Dinner: 5pm – 7pm
River of Life Mission	101 N Pauahi St. Honolulu, HI 96817	Honolulu	Monday - Friday	Breakfast 8:00am - 10:30am Lunch 12:30pm - 2:30pm Dinner 7:00pm - 8:00pm
Salvation Army: Camp Homelani @ Kauluwela Corps	296 N Vineyard Blvd. Honolulu, HI 96817	Honolulu	Sunday	7:30pm

Location Name	Location	Area	Days of Operation	Hours of Operation
St Elizabeth's Episcopal Church	720 N King St. Honolulu, HI 96817	Honolulu	Tuesday	10:30am - 12:00pm

**Mass Distributions - Ohana Produce Plus Program**

Distribution Site Name	Distribution Address	Area	Sign In	Distribution Time	Distribution Date	September	October
Armed Services YMCA JBPHH	1260 Pierce St., Suite 145 JBPHH, HI 96860	Central Oahu		1:30pm	Fourth Wednesday	23	28
Armed Services YMCA Schofield/Wheeler	1262 Santos Dumont Wahiawa, HI 96786	Central Oahu		12:30pm - 2:30pm	4th Monday	28	26
Calvary Chapel Pearl Harbor @ Manana Community Park	1310 Waimano Home Rd. Pearl City, HI 96782	Central Oahu		8:00am	Last Saturday	26	31
First Assembly of God Wahiawa	300 Wilikina Dr. Wahiawa, HI 96786	Central Oahu		8:00am - 11:00am	4th Saturday	26	24
Lighthouse Outreach Center @ Waipio Soccer Complex ONLINE REGISTRATION ONLY	93-061 Waipio Point Access Rd, Waipahu, HI 96797	Central Oahu		10:00am - 12:00pm	Fridays		2, 9, 16, 23, 30
Lighthouse Outreach Center @ Patsy T. Mink CORP ONLINE REGISTRATION ONLY	94-801 Kamehameha Hwy, Waipahu, HI 96797	Central Oahu		10:00am - 12:00pm	Friday	4, 11, 18, 25	
Surfing the Nations	64 Ohai St. Wahiawa, HI 96786	Central Oahu	1:00pm - 2:30pm	When Truck Arrives	1st & 3rd Wednesday	2, 16	7, 21
St. Stephen Episcopal Church	1679 California Ave, Wahiawa, HI 96786	Central Oahu		11:00am - 1:00pm	2nd & 3rd Wednesday	9, 23	14, 28
Angel Network Charities	5339 Kalaniana'ole Hwy. Honolulu, HI 96821	East Honolulu		1:00pm - 3:00pm	1st & 3rd Thursday	3, 17	1, 15
King's Cathedral Oahu	549 Halemaumau St. Honolulu, HI 96821	East Honolulu	11:00am	12:00pm - 3:00pm	Every Other Friday	4	2
Hawaii Health & Harm Reduction Center @ UH Manoa Campus Center	2465 Campus Road Honolulu, HI 96822	East Honolulu	12:45pm	1:00pm	3rd Wednesday	16	21
Calvary Assembly of God	961 Io Ln. Honolulu, HI 96817	Honolulu	9am - 1pm	3:00pm	3rd Friday	18	16
First Assembly of God Red-Hill	3400 Moanalua Rd. Honolulu, HI 96819	Honolulu		7:30am - 9:30am	4th Saturday	26	24
Hawaii Health & Harm Reduction Center @ Na Kapuna Makamae	653 Ala Moana Blvd. Honolulu, HI 96813	Honolulu	12:45pm	1:00pm	Fourth Wednesday	23	28
Institute For Human Services	350 Sumner St. Honolulu, HI 96817	Honolulu		1pm - 3pm	Last Thursday	24	29
Boys & Girls Club Ewa Beach	91-884 Fort Weaver Rd. Ewa Beach, HI 96706	Leeward Coast		1:00pm - 3:00pm	4th Friday Every other month	25	NONE
Community People Ministries @ Kaupuni Neighborhood Park	85-1288 Punanaula St. Waianae, HI 96792	Leeward Coast	10:30am	11:30am - 12:30pm	1st Friday	4	2

Distribution Site Name	Distribution Address	Area	Sign In	Distribution		Distribution Date	September	October
				Time				
Community Pepole Ministires @ Puuloa District Park	91-970 Kaileolea Dr. Ewa Beach, HI 96706	Leeward Coast	9:30am	10:30am - 11:30am		Last Tuesday	29	27
Hawaii Cedar Church Waianae Farm	85-596 Waianae Valley Rd. Waianae, HI 96792	Leeward Coast	10:00am	12pm - 3:00pm		2nd Friday	11	9
Message of Peace Ministry @ Ilima Intermediate School	91-884 Fort Weaver Road Ewa Beach, HI 96706	Leeward Coast		9:00am		3rd Saturday	19	17
Nanaikapono Protestant Church	89-235 Pua Ave. Waianae, HI 96792	Leeward Coast	8:30am	10:00am		4th Saturday	26	NONE
Sacred Heart Church Waianae	85-786 Old Government Rd. Waianae, HI 96792	Leeward Coast		10:00am - 3:00pm		1st & 2nd Tuesday	1, 8, 29	6, 13
Waianae Coast Community Foundation @ Kapolei Theater and K Mart Parking Lot	890 Kamokila Blvd., #107 Kapolei, HI 96707	Leeward Coast		8:00am		2nd Saturday	12	10
Waianae Coast Comprehensive Health Center @ Waianae Mall	86-120 Farrington Hwy. Waianae, HI 96792	Leeward Coast		By Appointment	Call 697-3709 and leave message w/ name and call back number. Do not leave multiple messages.		19	24
Hawaii Health & Harm Reduction Center (Next to Foodland Pupukea)	59- 712 Kamehameha Hwy. Haleiwa, HI 96712	North Shore		12:30pm		1st & 3rd Monday	NONE	TBD
North Shore Christian Fellowship @ Kaiaka Bay Beach Park	66-449 Haleiwa Rd. Haleiwa, HI 96712	North Shore	10:30am - 11:00am	12pm - 2pm			23	TBD
Once A Month Church @ Kaiaka Bay Beach Park	66-449 Haleiwa Rd. Haleiwa, HI 96712	North Shore		12:00am - 2pm		1st Wednesday	9	7
Dynamic Compassion In Action @ Waimanalo District Park	41-415 Hihimanu St. Waimanalo, HI 96795	Windward Coast		2pm - 4pm		1st, 3rd Monday	14, 21	5, 19
Hawaii Health and Harm Reduction Center @ Windward Mall	45-285 Kaneohe Bay Dr. Kaneohe, HI 96744	Windward Coast	Drive-Thru	12:30pm		See Dates	8, 21	TBD
Hope Chapel Kahuku @ Kahuku Medical Center - Trailers	56-117 Pualalea St. Kahuku, HI 96731	Windward Coast		3:30pm - 5:30pm		4th Monday	28	26
Hui O Hauula @ Hauula Community Association	54-10 Kukuna Rd. Hauula, HI 96717	Windward Coast		11am - 2pm		1st Monday	14	5
Key Project	47-200 Waihee Rd. Kaneohe, HI 96744	Windward Coast		1:00pm - 4:00pm		1st Tuesday	1	6
Hui Mahiai Aina @ Waimanalo District Park	41-415 Hihimanu St. Waimanalo, HI 96795	Windward Coast		2:00pm - 4:00pm		1st Thursday	3	1



O'AHU HOMELESS HELP CARD

Information provided by Partners In Care Hawai'i  
Produced as a service of the City & County of Honolulu

GENERAL HELP

Aloha United Way (auw211.org) 211

CRISIS (24 HOURS)

Crisis Line of Hawai'i 832-3100  
Domestic Violence Crisis Line 266-7233

ABUSE (CHILD/SPOUSE/ADULT)

Adult Protective Services (weekdays) 832-5115  
Child Protective Services (24 hour) 832-5300  
Domestic Violence Action Center 531-3771  
Toll Free (all islands) 800-690-6200  
Domestic Violence Hotlines  
Town/Leeward (CFS) 841-0822  
Windward (PACT) Hotline/ 526-2200  
Crisis Counseling 832-0855  
Family Peace Center (PACT) 524-7273  
Sex Abuse Treatment Center

DISPUTE RESOLUTION

The Mediation Center of the Pacific 521-6767

DOMESTIC VIOLENCE SHELTERS

Child & Family Services 841-0822  
PACT 'Ohi'a Shelter 526-2200

Ko'olauloa Health Center

Hau'ula 293-9216  
Kahuku 293-9231  
Dental 293-2537  
Wai'anae Coast Comprehensive 697-3300  
Waikiki Health 922-4787  
Waimanalo Health Center 259-7948

MENTAL HEALTH

24-Hour Suicide Crisis Line 832-3100  
Catholic Charities Hawai'i Counseling Center 527-4470

Dept of Health, Mental Health Clinics:

Adult MH Division Eligibility Line 643-2643  
East Honolulu Trtmt Svc Section 733-9260  
West Honolulu Trtmt Svc Section (adults) 832-5800  
Kāne'ohe (adults) 233-3775  
Central O'ahu Fam Guide Ctr (Kāne'ohe) 233-3770  
Central O'ahu Trtmt Svc Section 453-5950  
Central O'ahu Fam Guidance Ctr (Pearl City) 453-5900  
Honolulu Fam Guidance Center 733-9393  
Leeward O'ahu Fam Guid Center 692-7700  
Hale Na'au Pono – Wai'anae 696-4211  
Helping Hands Hawai'i 440-3825  
Hope Treatment Services 638-4555  
IHS, Institute for Human Services 447-2924

Windward Spouse Abuse Shelter 528-0606

LANGUAGE NEEDS

Bilingual Access Line (Interpreter Services) 526-9724

ALCOHOL/DRUG

Alcoholics Anonymous 946-1438  
Champ Clinic 426-4515  
Hawai'i Health and Harm Reduction Center (HHHRC) 521-2437  
Ku Aloha Ola Mau 538-0704  
Habilitat, Inc 800-872-2525  
Hale Na'au Pono 696-4211  
Hina Mauka Kāne'ohe 236-2600  
Hina Mauka Waipahu (outpatient) 671-6900  
Ho'omau Ke Ola 696-4266  
Narcotics Anonymous 734-4357  
Po'ailani 263-3500  
Salvation Army Detox (ATS) 595-5819  
Salvation Army Family/Women (FTS) 732-2802  
Salvation Army Adult Males (ATS) 595-6371  
Salvation Army (ARC) 808-522-8400  
Sand Island Treatment Center 841-3915  
Women In Need (Intensive Outpatient Program for Women & Men) 486-1996

Kahi Mohala Behavioral Health 671-8511  
North Shore Mental Health 638-8700  
Safe Haven, Mental Health Kōkua 524-7233

PET SERVICES

Hawaiian Humane Society Animal 524-7233  
Emergency/Stray Pick Up 356-2250  
Pet Spay/Neuter or Surrender 356-2285

RENTAL ASSISTANCE

Catholic Charities Hawai'i 521-4357  
Institute for Human Services (IHS) 447-2844 and 447-2806

SHELTER: EMERGENCY

Family Promise (families) 548-7478  
Hale Kipa (youth <18) 754-9844  
IHS (men) 447-2900  
IHS (women and families) 447-2800  
IHS Hale Mauiola Sand Island  
Navigation Center (Pet Friendly) 744-4492  
Kealahou West O'ahu – Onelau'ena 782-4342  
Next Step Shelter (Waikiki Health) 585-8800  
Pai'olu Kaiāulu, U.S. VETS  
Wai'anae Civ. Center (Pet Friendly) 664-1400  
RYSE (Youth ages 18-24) 498-5180  
Shelter of Wisdom (Men) 619-363-3365

STATE DHS BENEFITS: APPLICATION UNITS

Hawai'i Public Housing Authority  
Applications Office 832-5961  
(TANF, GA, Medicaid & SNAP)  
Kapolei Processing Center 692-8384  
(For Kapolei, Waipahu)  
Ko'olau Procising Center (Luluku) 233-5325  
(For Kailua, Kāne'ohe, Waikalua, Windward)  
(Not for New Applications)  
Ko'olau Processing Center (Waikalua) 233-3621  
(New Applications Only) (Windward side)  
KPT Processing Center 832-3822  
(For Kalihi, Kuakini, Nu'uuanu)  
OR&L Processing Center 586-8047  
(For Iwilei, Pālama)  
Pohulani Processing Center 587-5283  
(For Kina'u, Moanalua, Pāwa'a, Pūnāwai)  
Wahiawa Processing Center 622-6315  
Wai'anae Processing Center 697-7881  
(For Ka'alā, Wai'anae)  
Waipahu Processing Center 675-0052  
(For Waikale, Kapālama)

SHELTER: TRANSITIONAL

Alternative Structures (Wai'anae – families)  
'Ohana Ola O Kahumana 696-4095  
Catholic Charities Mā'ili Lnd (families) 696-4885  
Gregory House (HIV) 592-9022  
Hale Kipa (youth 18 to 22) 284-2079  
Hale Ulu Pono 682-4466  
Holomua Na 'Ohana (families)  
Weinberg Village Waimānalo 259-6658  
Housing Solutions, Inc. 973-0050  
Kulaokahu'a – Seniors (Not for Applications) 599-5759  
Na Koleh – Singles (Not for Applications) 946-8063  
Sea Winds – Single, Couples, Families 696-0061  
Kealahou West O'ahu – Onemalu (families) 682-5868  
Kumuhonua (HCAP) 682-5494  
RYSE (Youth ages 18-24) 498-5180  
Safe Haven, Mental Health Kōkua 524-7233  
Women In Need (Women & Children) 486-1996

OUTREACH/DROP IN CENTERS

ALEA Bridge 379-2532  
HawaiianHope.org • Internet Cafe – Wai'anae 352-8800  
IHS, Institute for Human Services 447-2929  
Kealahou West O'ahu 696-5667  
KPHC, Healthcare for the Homeless Project 791-6370

EDUCATION

Homeless Concerns Office, DOE (toll free) 1-866-927-7095

EMPLOYMENT

Alu Like – Dept. of Employment and Training 535-6750  
American Job Center (Dillingham) 768-5701  
Catholic Charities Hawai'i Homeless Veterans Reintegration Program 521-4357  
Division of Vocational Rehabilitation 586-5164  
Economic Development Center (PACT) 842-7093  
Goodwill Industries of Hawai'i 483-7172  
HCAP Senior Employment 521-4531  
HI Disability Rights Center (Ticket to Work) 949-2922  
HI State Unemployment Office 586-8970  
IHS Hele2Work 447-2912  
Network Enterprises, Inc 521-7774  
Rent to Work 768-5727  
U.S.VETS (Employment Assistance/Veteran Services) 330-5566

FOOD

Helping Hands Hawai'i, Community Clearinghouse (One Time/Emergency Needs) 440-3800  
River of Life Mission 524-7656  
Salvation Army (Family Services) 841-5565  
Call 211, check w/ outreach agencies or churches

Legal Aid Society of Hawai'i 536-4302  
Living the Word 834-2823  
RYSE (Youth ages 18-24) 498-5180  
Safe Haven, Mental Health Kōkua 524-7233  
Salvation Army (Fam. Services Office) 841-5565  
SNAP 440-3832  
Wai'anae Coast Comp Health Center 697-3586  
U.S.VETS (Available to All) 282-0554, 630-0771  
Youth Outreach (YOJ) 942-5858

VETERANS' SERVICES

2nd Chance Group Home LLC  
Females 554-9950  
Males 354-2098  
Catholic Charities Hawai'i Supportive Services for Veteran Families (SSVF) 521-4357  
Cloudbreak Hawai'i, LLC Permanent Housing (Service Enriched Affordable Housing for Veterans) 682-1949  
Hawai'i Vet 2 Vet Inc. 457-7027  
IHS Veteran Support Program 447-2916  
Network Enterprises, Inc. (employment) 521-7774  
U.S.VETS (outreach, housing, support) 672-2977, 630-0771, 282-0554  
VA Health Care for the Homeless (outreach, medical, & mental health services) 433-0357

HEPATITIS B&C

Hep Free Hawai'i 436-5884

HIV/AIDS

Gregory House Programs 592-9022  
Hawai'i Health and Harm Reduction Center (HHHRC) 521-2437  
Waikiki Health 922-4787

HYGIENE SERVICES

HiEHIE (Mobile Showers/Restrooms) 201-3937  
Pūnāwai Rest Stop (Laundry & Showers) 599-9750  
Revive + Refresh (Mobile Hygiene Center) 779-6738  
River of Life Mission 524-7656  
Safe Haven 524-7233

LEGAL

Community Outreach Court 347-2251  
Legal Aid Society of Hawai'i 536-4302  
Volunteer Legal Services Hawai'i 528-7046

MEDICAL CARE

Aloha Medical Mission Clinic-Dental 847-3400  
Hawai'i HOME Project 223-8859  
KPHC, Healthcare for the Homeless Project 791-6342  
Hawai'i Health and Harm Reduction Center (HHHRC) 521-2437  
Joint Outreach Center (JOC) 545-3694  
Kōkua Kalihi Valley 791-9400

VA Call Center (SATP, MH, & Medical Appointments) 1-800-214-1306  
Veterans Suicide Hotline 1-800-273-8255

NOTES

Frozen Foods	Frozen (0°F or below)
Bread, bagels	3 months
Chicken, nuggets/patties	2 months
Desserts, frozen baked goods	3-4 months
Desserts, frozen cream pies	1-2 months
Desserts, frozen fruit pies	6-8 months
Dinners, pies, casseroles, shrimp, ham. Pork or sausage	3-4 months
Dinners: beef, turkey, chicken, or fish	6 months
Dough, bread	1 month, longer storage inactivates yeast , weakens gluten
Dough, cookie	3 months
Pasteurized eggs in carton	1 year, purchased frozen, unopened, never thawed
Fish, breaded	4-6 months
Ice Pops	6 months
Fruit, frozen	4 months
Ice cream	2-4 months
Juice concentrate	1 years
Soy meat substitutes	12-18 months
Vegetables	8 months
Waffles, pancakes	2 months
Whipped topping, non dairy tub	6 months

Meats	Refrigerated (40°F or below)	Frozen (0°F or below)
<b>Fish/Seafood: Uncooked</b>		
Fatty fish (salmon, mackerel, perch, bluefish)	n/a	3-6 months
Lean fish (cod, flounder, sole, haddock, pollock)	n/a	12 mnths
Shrimp, raw	n/a	9 months
Crab, canned	n/a	Do not freeze
Crab, legs	n/a	9-12 months
Oysters, shucked	n/a	3-4 months
Lobster Tails raw	n/a	6-9 months
Scallops, raw	n/a	3-6 months
<b>Fish/Seafood: Cooked</b>		
Fatty fish (salmon, mackerel, perch, bluefish)	n/a	3-6 months
Lean fish (cod, flounder, sole, haddock, pollock)	n/a	3-6 months
Shrimp and other Shellfish	n/a	3-6 months
<b>Meats, Raw</b>		
Beef Roasts	n/a	1 year
Beef Steaks	n/a	1 year
Pork Roasts	n/a	1 year
Pork Chops	n/a	1 year
Lamb Roasts	n/a	1 year
Lamb Steaks/Chops	n/a	1 year
Poultry: Chicken or Turkey, whole cuts	n/a	1 year
Ground Meats (beef, pork, lamb or poultry)	n/a	9-12 months
<b>Meats, Processed</b>		
Bacon, unopened	2 weeks	6 months
Bacon, opened	1 week	2 months
Chicken, Fried	4 days	4 months
Chicken, Nuggets/Patties	2 days	3 months
Ham, unopened	2 weeks	1 year
Ham, opened	1 week	1-2 months
Hot Dogs, unopened	2 weeks	9 months
Luncheon meats, deli slice or opened	3-5 days	Do not freeze
Luncheon meats, unopened commercial package	2 weeks	1-2 months
Pepperoni, Salami	1 month	6 months
Sausage, raw	2 days	6 months
Sausage, smoked links or patties	1 week	9 months

Shelf-Stable Foods	Shelf Life After Code Date
<b>Baby Food</b>	
Cereal: dry mixes	Expiration date on package
Food in Jars, cans	Expiration date on package
Formula	Expiration date on package
Juice	1 year
<b>Canned Food</b>	
Beans	3 years
Fish: salmon, tuna, sardines, mackerel	3 years
Frosting, canned	10 months
High-acid foods	
- fruit (including applesauce, juices)	} 1-2 years
- pickles, sauerkraut	
- baked beans w/mustard/vinegar	
- tomatoes, tomato-based soups & sauces	
Low-acid foods	
- gravy, soups/broths that aren't tomato-based	} 2-3 years
- pasta, stews, cream sauces	
- vegetables (not tomatoes)	
Meat: beef, chicken, pork, turkey	2-3 years
Pie filling	3 years
<b>Condiments, Sauces, Syrups</b>	
UHT milk	
Broth: beef, chicken or vegetable	
Soup	
Fruits	
Vegetables	
<b>Condiments, Sauces, Syrups</b>	
Barbeque sauce (bottled)	1 year
Frosting, canned	10 months
Gravy (dry mix envelopes)	2 years
Honey	2 years --remains safe after crystallization. To use, simply immerse closed container in hot (not boiling) water until honey liquifies
Jams, jellies, preserves	18 months
Ketchup, cocktail, or chili sauce: jar, bottle, or packet	18 months
Mayonaise,: jar, bottle or packet	3-6 months
Molasses	2 years
Mustard: jar, bottle or packet	2 years
Olives	18-24 months
Pickles	1 year canned 2 years, jarred--discard if inside of lid is rusty open opening
Salad dressings: bottled	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
<b>Condiments, Sauces, Syrups (continued)</b>	
Spaghetti sauce, canned	18 months
Spaghetti sauce, jarred	18 months
Syrup, chocolate	2 years
Syrup, corn	2 years
Syrup, pancake	2 years
Vinegar	2 years
Worcestershire sauce	2 years
<b>Dry Goods</b>	
Baking Mix, pancake	9 months
Baking mixes (brownie, cake, muffin, etc.)	12-18 months
Baking powder	18 months
Baking soda	indefinite if kept dry
Beans, dried	1 year
Bouillon: beef or chicken	12-24 months
Bouillon: vegetable	12-24 months
Bread , commercially prepared (including rolls)	3-5 days
Cakes, commercially prepared	3-5 days at room temp 3 months stored frozen
Candy (all, including chocolate)	9 months, caramel 18 months, chocolate 36 months, hard candy
Casserole Mix	9-12 months
Cereal, cold	1 year
Cereal, hot	1 year
Cookies	4 months
Cornmeal	1 year at room temp 2+ years frozen
Crackers	8 months Except graham crackers, 2 months
Flour, white (all purpose or cake)	1 year
Flour, whole wheat	6 months (keeps longer if refrigerated or frozen)
Fruit, dried	6 months (keeps longer if refrigerated or frozen)
Macaroni and Cheese, mix	6-12 months
Nuts, out of shell	6-12 months, bagged 12-24 months, canned
Nuts, in shell	6-12 months, bagged 12-24 months, canned
Oatmeal	12 months
Oil, olive, vegetable , salad	6 months
Pasta, dry (egg noodle)	2-3 years
Pasta, dry (no egg)	2-3 years
Peanut Butter	18 months
Popcorn, kernels	2 years
Popcorn, commercially popped and bagged	2-3 months
Popcorn, microwave packets	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
<b>Dry Goods (continued)</b>	
Potatoes, mashed, instant flakes	1 year
Pretzels	6-8 months
Pudding, prepared/shelf stable	1 week
Rice, brown	1 year
Rice, white	2 years
Rice-based mixes	6 months
Shortening, vegetable	8-12 months
Spices	up to 4 years, whole spices up to 2 years, ground spices Spices lose flavor over time but remain safe to use indefinitely
Stuffing mix	9-12 months
Sugar, brown (light or dark)	18 months
Sugar, confectioners	18 months
Sugar, white	2+ years
Sugar substitute	2 years
Toaster pastries	6 months, fruit 9 months, no fruit
Tortillas	3 months, shelf or refrigerator 6 months, freezer Do not use if they develop mold or harden
<b>Shelf -Stable Beverages</b>	
Cocoa Mixes	36 months
Coffee Creamer, liquid shelf stable	9-12 months
Coffee creamer, powdered	2 years
Coffee, ground	2 years
Coffee, instant	1-2 years
Coffee, whole bean	1 year, vacuum packed
Instant breakfast	6 months
Juice, bottle, shelf-stable	9 months
Juice, box	4-6 months
Juice, canned	18 months
Juice concentrate, shelf-stable	
Milk, evaporated	1 year
Milk, non-fat dry	1 year
Milk-shelf stable UHT	6 months
Milk, sweetened condensed	1 year
Nutritional aid supplements (Boost, Ensure, etc.)	1 year
Rice milk, shelf stable	6 months
Carbonated beverages (soda/seltzer water)	3 months, bottles (all) 3 months, diet (cans) 9 months, regular soda or seltzer (cans)
Soy milk, shelf stable	6 months
Tea, bagged	18 months
Tea, instant	3 years

Shelf-Stable Foods	Shelf Life After Code Date
Shelf -Stable Beverages (continued)	
Water	indefinite: store in cool, dark place away from chemicals
Water, flavored	indefinite: store in cool, dark place away from chemicals

Dairy and Cooler Items	Refrigerated (40°F or below)	Frozen (0°F or below)
Butter	2-3 months	1 year
Buttermilk	10-14 days	Freezes poorly
Cheese Trays	2 weeks	Do not freeze
Cheese, Cottage	10-15 days	Freezes poorly
Cheese, Cream	2 weeks	Freezes poorly
Cheese, hard	6 months	6-8 months
Cheese, soft	1-2 weeks	6 months
Cheese, processed	3-4 weeks	6 months
Coffee Creamer , liquid refrigerated	3 weeks	Follow instructions on package
Cream, Half & Half	3-4 days	4 months, use for cooking
Cream, Heavy	10 days	3-4 months, shake upon thawing to loosen; use for cooking
Cream, Light	1 week	3-4 months, use for cooking
Crust, pie or pizza ready to bake	Sell-by date	2 months
Dips, made with sour cream	2 weeks	Do not freeze
Dough, biscuit	Sell-by date	Do not freeze
Dough, bread or pizza	Sell-by date	Do not freeze
Dough, cookie	Sell-by date	2-3 months
Eggs, in shell	4-5 weeks	Do not freeze
Eggs, pasteurized carton egg substitute, unopened	10 days	1 year
Eggs, pasteurized carton real eggs. Unopened	10 days	1 year
Juice, purchase refrigerated	3 weeks	8-12 months
<b>**MINUTE MAID/TROPICANA - CANNOT DISTRIBUTE</b>		
<b>AFTER EXPIRATION DATE.</b>		
Margarine	6 months	12 months
Milk (not shelf stable)	1 week	1-3 months, use for cooking
Pudding, purchased refrigerated	1-2 days	Do not freeze
Salad dressing, refrigerated packets	3 months	Do not freeze
Sour cream	2-3 weeks	Do not freeze
Whipped cream, aerosol	3-4 weeks	Do not freeze
Whipped topping, aerosol	3 months	Do not freeze
Whipped topping, non-dairy tub	2 weeks	14 months; do not freeze once thawed
Yogurt	10-14 days	1-2 months



Prepared Items/Deli Food	Refrigerated (41°F or below)	Frozen (0°F or below)
Chicken, Roasted or Fried	3-4 days	4-6 months
Fruit, cut	Best By Date	Do Not Freeze
Guacamole	5-7 days	6 months
Hummus, Pasturized	3 months	Do Not Freeze
Hummus, with Preservatives	2 months	Do Not Freeze
Hummus, traditional (no preservatives, not pasteurized)	7 days	Do Not Freeze
Main dishes, meals	3-4 days	2-3 months
Meats in gravy or broth (including meat pies)	1-2 days	6 onths
Pasta, fresh	1 week	1 month
Salads, prepared (macaroni, egg, potato, chicken, tuna, etc.)	3-5 days	Do Not Freeze
Sauces, Egg-Based (Hollandaise, etc.)	10 days	Do Not Freeze
Side dishes, cooked vegetables	3-4 days	1-2 months
Side dishes, potato-based (not salad)	3-4 days	1-2 months
Side dishes, rice	3-4 days	1-2 months
Soups, Stews	2-3 days	4-6 Months
Spinach, salad greens (bagged)	Date on bag	Do Not Freeze